



Miami-Dade County Public Schools  
**School Wellness/Healthy School Team Committee Action Plan**  
**2024-2025**

School Name & Location Number:	North Glade Elementary School 3861
Principal:	Ms. Judy Gonzalez
Phone Number:	305-624-3608
School Wellness/Healthy School Team Leader:	Lisa Bell
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Kyle Ohree, Keisha Lynton, Ruth McLean, and Ms. Agras
Committee Meeting Dates:	2/5/25, 3/5/25, 4/2/25, and 5/5/25
<b>ACTION PLAN</b>	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input checked="" type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<p><b>Nutrition:</b> Email the district monthly Well-Way calendar to staff members to follow nutrition tips for healthy eating.</p> <p><b>Physical Education:</b></p> <p><b>Physical Activity:</b> The staff at North Glade Elementary plan to have Walking Wednesdays as a way for staff to decrease stress and increase physical activity.</p> <p><b>Health and Nutrition Literacy:</b> Email the district monthly Well-Way calendar to staff members to follow nutrition tips for healthy eating.</p> <p><b>Preventive Healthcare:</b> Encourage staff members to seek routine check-ups and share preventive healthcare events throughout the district.</p>

Sustainability Practices:	Well way Team will visit North Glade Elementary during the month of March to share resources & sustainability practice with Faculty/Staff.
Community Engagement:	We will encourage the staff to participate in the 5k Superintendent Walk.
Monitoring and Evaluation:	Staff will track their steps and health progress using a walking app.
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	